



Looking out for myself and others

How can I protect myself from becoming a victim of date rape drugs?

When it comes to drinking:

- Do not accept drinks from others;
- Watch your drink being poured if someone offers one or buys one from the bar;
- Open all beverage containers yourself, including alcohol.
- Do not share drinks with others;
- Do not consume a drink that smells or taste odd;
- Pour out any drink that you have left unattended;
- Have a friend around who doesn't drink to watch out for you; and get help immediately if you feel drunk and you haven't consumed any alcohol or if the effects of alcohol seem to be enhanced or stronger than normal.
- If you have information involving the distribution of date rape or other illegal drugs contact **Crime Stoppers at 770-838-7867** or visit **www.carrolltonpd.com**

Who We Are

West Georgia Rape Crisis Center strives to end sexual violence in our community through service, prevention, and awareness. We provide direct services to sexual assault survivors, their families, and their friends. We are committed to fostering awareness of sexual assault through community education and prevention. We work to create a climate of safety and healing for all victims of sexual assault. All services are free and confidential.

Contact Us

24-Hour Hotline: 770-834-RAPE (7273)

Business Line: 770-834-8905

Email: prevention@wgaparc.org

Web: www.wgrcc.squarespace.com

Facebook:

www.facebook.com/pages/WGRCC

Twitter: @WGRCC

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ALCOHOL & OTHER DATE RAPE DRUGS

Prevention & Advocacy

Resource Center

P.O. Box 2825

Carrollton, GA 30112

770-834-8905 (Business line)

770-834-7273 (Hotline)



ALCOHOL & OTHER DATE RAPE DRUGS

Prevention & Advocacy Resource Center Center



Alcohol is the number one date rape drug

Alcohol is the number one date rape drug because it is readily available to most people. It can sometimes be used against the victim in assisting a sexual assault.

It is rape if someone gets you drunk or high in order to have sex with you and it is illegal.

What are some other common date rape drugs to be aware of?

- * **GHB (Gamma Hydroxy Butyrate)**
- * **Ketamine (KEET-uh-meen)**
- * **Rohypnol (roh-HIP-nol)**

About GHB:

What is it? A sedative created in 2002 to treat narcolepsy (a sleep disorder). When used illegally it can have serious effects including death. GHB is odorless, colorless liquid and has a slightly salty taste.

Effects of GHB: Insomnia, memory loss, vomiting, difficulty breathing or very slow breathing, loss of consciousness or blacking out, severe headache, problems seeing, drowsiness, dizziness, tremors, sweating, dream-like feeling, nausea, strong feeling for relaxation, and/or coma

What else is GHB known as?

- * **Codeine**
- * **Fire Water**
- * **Georgia Home Boy**
- * **Grievous Bodily Harm (GBH)**



GHB is mostly found in liquid form, but can sometimes be found as a grainy powder and capsules

About Ketamine:

What is it? An anesthetic used in humans and animals. For example, many veterinary hospitals are robbed of their Ketamine supply because it is used in animals, such as horses, or as a tranquilizer.

When used improperly or for non-medical uses, Ketamine can have terrible effects.

Effects of Ketamine: Seizures, elevated blood pressure, out of body experiences, depression, slurred speech, numbness, loss of coordination, aggressive or violent behavior, dream-like feeling, lost sense of time and identity, memory loss and distorted perceptions of sight and sound.

What else is Ketamine it known as?

- * **Black Hole**
- * **Bump**
- * **Kit Kat**
- * **Special K**

About Rohypnol:

What is it? A depressant for the central nervous system. This drug is about the size of an aspirin pill and it intensifies intoxication when mixed with alcohol. This drug can be found in a person's system up to 72 hours after ingestion.

Effects of Rohypnol: black out, memory failure, confusion, death, dizziness, drunk feeling (even without alcohol consumption), lowered blood pressure, problems speaking and seeing, sleepiness and stomach pains

What else is Rohypnol known as?

- * **Forget-me drug**
- * **La Roches**
- * **Lunch money**
- * **Ruffies**



Other important facts about date rape drugs:

The drugs GHB, Ketamine and Rohypnol can be detected in the body after ingestion.

- * Rohypnol remains in the body for several hours and can be detected up to 72 hours after ingestion in a urine test.
- * GHB leaves the body in 12 hours but can also be detected from a urine test.
- * Ketamine may remain the system for up to 14 days. This drug can be detected through both blood and urine tests.