

What is Body Safety?

Information used to help children learn about touches that are appropriate and those that are not. Body safety information helps children to find their voices and teaches that no child should be hurt or abused.

Types of touch

Remind children that most touches are good and most people don't want to hurt children. Good touches are those we enjoy from people who make us feel comfortable and safe. Bad touches feel like "ouch" and may hurt our bodies. It is important to teach and remind children that sexual abuse might not hurt the body like an "ouch", but it always hurts on the inside.



IT'S TIME ... TO TALK ABOUT IT!

Who We Are

The West Georgia Prevention & Advocacy Resource Center strives to end sexual violence in our community through prevention and awareness. We provide direct service to survivors of sexual assault, their families and their friends. We are committed to fostering awareness of sexual assault through community education. We work to create a climate of safety and healing for all victims of sexual assault. All services are free and confidential.

Contact Us

24-Hour Hotline: 770-834-RAPE (7273)
Business Line: 770-834-8905
Email: prevention@wgaparc.org
Web: www.wgaparc.org
Facebook:
www.facebook.com/pages/WGAPARC
Twitter: @WGAPARC

Talk To Your Kids

Prevention & Advocacy Resource Center
P.O. Box 2825
Carrollton, GA 30112
770-834-8905 (Business line)
770-834-7273 (Crisis line)



Body Safety Information



PARC

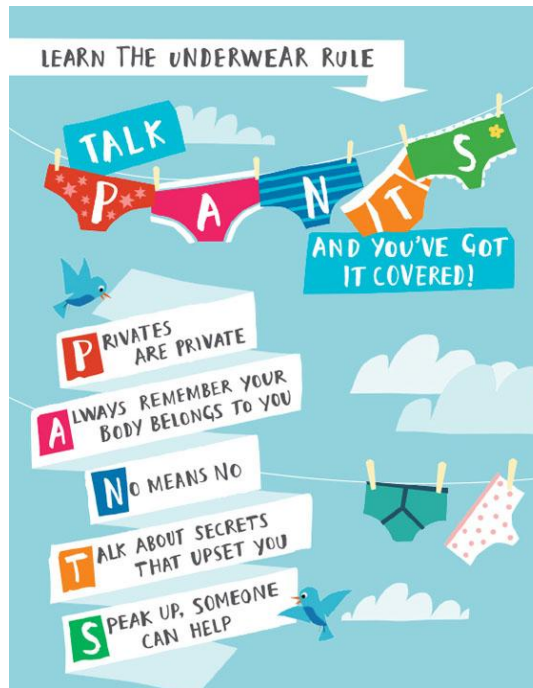
Prevention & Advocacy Resource Center
Sexual Assault Center for Teens & Adults

Teach your children the Five Body Safety Rules

1. It's my body! I have the right to know all the safety rules.
2. Listen to the Uh-Oh feeling. If I feel like something's wrong, then I'm right. Sometimes I need to ask questions.
3. I have the right to say NO and get away.
4. I can tell and tell until someone believes me.
5. It's NEVER my fault

Talking with your child about

Body Safety



Talk to your children:

- The Underwear Rule helps children to recognize an easy-to-remember border: the underwear. It also helps adults to start a discussion with children.
- Open and direct communication at an early age about "private body parts", using the correct names for genitals and other parts of the body, will help children understand what is not allowed.

Talking about Sexual Abuse with children

- Sexual abuse is a problem that some children face, and it can be very confusing.
- Sexual abuse is when someone forces a child or tricks a child so they can touch the child's private body parts or forces a child or tricks a child so the child touches the other person's private body parts.
- Sexual abuse may be called a game, a child may be told to keep it a secret, or a child may be threatened into silence.
- One way to explain private body parts to children is by explaining that private body parts are the areas covered by swimsuits.

